

# Dr. Robert Nolan offers sedation for fearful patients.

You are not alone – over 100 million Americans experience some form of fear or anxiety about going to the dentist. “Sedation Dentistry” can help. There are several types of sedation.

There is **Oral Conscious Sedation or OCS**. This utilizes oral sedative medication to significantly reduce your fears and discomforts in the dental setting. OCS does not require needles to administer and is less expensive than IV sedation. It is effective for mild to moderate anxiety.

**Intravenous Sedation or IV Sedation** is extremely effective for moderate to severe anxiety. During IV sedation, an anti-anxiety drug is administered into the bloodstream to achieve a state of “deep conscious sedation.” Although you will not actually be asleep, you will enjoy a heightened state of relaxation, and probably will not remember much about the procedure afterwards. Your appointment will be a dream and hours in the chair will feel like minutes.

**Benefits of IV Sedation:** It is quick acting and extremely effective for moderate to severe anxiety. The level of sedation can be adjusted during the procedure so that you remain comfortable at all times. In many cases, you get all of your dental work done at one time.

Throughout the procedure, your breathing, heart rate, oxygen content of the blood and blood pressure will be closely monitored. Patients generally recover quickly from IV sedation, although they may feel slightly groggy immediately afterward.

Whether you are anxious about going to the dentist or just too busy for multiple visits, IV sedation can be a great solution to getting all your dental work done in one or two visits, comfortably and stress-free.

Dr. Robert Nolan is a specially trained dentist in Oral and IV Conscious Sedation. In California, all specially trained dentists must have a conscious sedation permit to do any type of sedation. Less than three percent of all dentists in California have the Conscious Sedation permit.

Don't let fear keep you from having a healthy, sparkling smile. Dr. Nolan is certified in Sedation Dentistry. He has the skills and training to put even the most anxious patient at ease. Call us today at (310) 827-5094 and get ready to enjoy a total relaxation experience.

Dr. Nolan is at 211 Culver Blvd., Suite T, (corner of Vista del Mar and Culver Blvd.), Playa del Rey.

*Information provided by Dr. Nolan*